



Unstoppable Joy

HOPE IS STRONGER THAN FEAR

Little Warriors

Services



ART THERAPY



EXPRESSIVE PLAY
THERAPY



NATURE-BASED
LEARNING



MUSIC THERAPY



STORYTELLING &
CREATIVE WRITING



MOVEMENT &
DANCE THERAPY



DRAMA THERAPY



YOGA & MINDFULNESS

Our Approach

Using a combination of the Montessori method and Howard Gardner's Multiple Intelligences, we have tailored a program to meet children and adolescents in the way that they learn best.

We believe this approach allows youth to engage with their inner and outer worlds with excitement and security.

The overarching expressive art and mindfulness that comes with this program allows youth to build resilience, increase problem solving and coping skills, and express their emotions in healthy ways.



WAYS TO SUPPORT



SERVICE INFO



 **Unstoppable Joy**

 **@unstoppablejoyco**

 **tonya@unstoppablejoyco.org**

 **410-213-3707**